



# BGS Vijnatham School

## HOME AND SCHOOL CONNECT

WORKING TOGETHER FOR A BETTER  
TOMORROW....

September- October (2025 -2026)

Step – I

*From the Desk of the Principal..*

**"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great."**

— Dr. A.P.J. Abdul Kalam

Dear Parents & Students,

|| Jai Sri Gurudev ||

It's a pleasure to bring you another exciting issue of our bi-monthly newsletter. With the academic year in full swing, we're here to share all the latest news, reminders, and celebrations with you.

As I sit down to write this, I find myself reflecting on how beautifully our school community is growing — not just in numbers, but in heart, spirit, and purpose. Here, education goes beyond books; it's about helping every child discover their unique strengths and take flight with confidence and purpose. We believe **every child is unique** and deserves the space, support, and inspiration to shine. At BGS Vijnatham, we don't give them wings — we ignite the fire beneath them, so they learn to fly with confidence, resilience, and purpose.

Being a part of the larger BGS family, guided by the values instilled by His Holiness Jagadguru Sri Sri Sri Padmabhushana Dr. Balagangadharanatha Mahaswamiji, and with blessing of **His Holiness Jagadguru Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**, we carry forward a rich legacy — one that beautifully blends traditional wisdom with a forward-looking vision. Our aim is not just academic excellence, but a well-rounded development of character, compassion, and courage.

We stand by the belief: **"No child left behind."** Every child is supported, understood, and empowered. As the first term assessments begin, we extend our best wishes to all our students. These exams are not just tests — they're stepping stones to future challenges and opportunities.

Let's continue to dream big, stay grounded in our values, and guide our children toward a bright and meaningful future.

**Good luck to all!**

Warm regards,

**Principal**  
**BGS Vijnatham School**



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## Parenting Tips

- ❖ **Create a Positive and Supportive Home Environment.**
- ❖ **Designate a quiet, organized space for homework and studying.**
- ❖ **Teach your ward that effort and perseverance are more important than innate talent.**
- ❖ **Encourage a variety of activities to foster well-rounded development.**
- ❖ **Maintain open communication with teachers to stay informed about your child's progress and any concerns.**
- ❖ **Ensure your child gets enough sleep, eats a balanced diet, and engages in regular physical activity.**
- ❖ **As a new initiative “हर हाथ में किताब” we request you to kindly send 1 small story book as per your child’s level to school for creating class library.**
- ❖ **Encourage your child to recite shlokas as we are also encouraging them to chant shlokas in the special assembly “Bhakti Vachan”.**
- ❖ **Make reading a regular part of your child's life and encourage them to explore different genres.**

DO'S	DONT'S
Give your child tasks they can handle, like putting toys away, packing their school bag, or feeding a pet, to build self-reliance and a sense of accomplishment.	Don't do things for them that they can do themselves.
Teach children practical skills like brushing their teeth or preparing simple snacks to help them care for themselves.	Don't provide immediate solutions.
Acknowledge and celebrate your child's efforts to be independent, reinforcing their self-confidence	Don't use negative reinforcement instead, let them make mistakes and learn from them.
The medium of communication at all times must be English	Do not use foul language.
Keep the classrooms and school premises clean and tidy.	Students must learn to share and take turns with all playground equipment.
Keep your head, hands, and arms inside the bus at all times.	Do not run, jump on the bus always be in your seat.



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We always put our efforts into inculcating healthy eating habits and promoting good nutrition in children. Good Nutrition is key to Good Health and helps us boost our immunity. In this regard, this is kindly advised to ensure the following:

- Serve a variety of healthy foods and snacks, including vegetables (all green leafy and other vegetables), fruits, pulses, and cereals in lunch boxes and family meals.
- Avoid sending pickles & junk food in the lunchbox.
- Do not send such items in lunch that need to be kept refrigerated.
- Be a role model by eating healthy yourself.
- Limit fast food and low-nutrient snacks in the diet.
- Limit sugary drinks, such as soda and fruit-flavoured drinks. Serve water and low-fat milk instead.
- Involve kids in meal planning by brainstorming about what foods they'd like for lunch.

## Kids Lunch Menu

### Monday

Fruits- Banana  
Lunch-Aloo poori/  
Bread pakora/Bread  
roll

### Tuesday

Fruit- Papaya  
Lunch- Idly/Uttapams

### Wednesday

Fruit- Apple  
Lunch- Vegetable  
Sandwich  
(Multigrain/whole  
wheat)/Stuffed Chila

### Thursday

Fruit- Grapes/ Roasted  
makhana  
Lunch- Vegetable Biryani/  
Vegetable Vermicelli

### Friday

Fruit-  
Carrot/Cucumber/Fruit salad  
Lunch- Pizza/Burger



# BGS Vijnatham School

## CURRICULUM

SEPTEMBER-OCTOBER (2025-2026)

Subject	Syllabus
English Literature	<b>English Weaves Foundational Literacy</b> <ul style="list-style-type: none"><li>Chapter 3 - The Magic Scarecrow</li><li>Poem - Tony Tinker</li></ul>
Language	<b>Grammar and Composition</b> <ul style="list-style-type: none"><li>Compound Words</li><li>Rhyming Words</li><li>Vowels</li><li>A, An ,The</li></ul>
Writing	Friday Afternoon <ul style="list-style-type: none"><li>Chapter 8 – A Friend for the Lion</li><li>Chapter 9 – The Crocodile</li><li>Chapter 10 – The Peacock and the Crane</li></ul> SEAB & Notebook
Listening, Speaking and Writing (LSR)	<b>Fitzroy Readers</b> <ul style="list-style-type: none"><li>Story 15X – A Present for Dad</li><li>Story 16X – The Kidnapped Fairy</li></ul> Elocution <ul style="list-style-type: none"><li>Why sugar is not good for us?</li><li>My Diwali with diyas and light, not crackers and smoke</li></ul>
Hindi Literature	<b>वल्लरी:</b> <ul style="list-style-type: none"><li>पाठ :अनुस्वार (अं)</li><li>पाठ: अनुनासिक(ओं)</li><li>पाठ: विसर्ग (अः)</li><li>पाठ: संयुक्त व्यंजन (क्ष,त्र,ज्ञ,श्र) )</li><li>पाठ: र के रूपों का प्रयोग</li></ul>
Language	<b>सुरभिका :</b> <ul style="list-style-type: none"><li>पाठ 3 मात्राएँ</li><li>पाठ:6 सर्वनाम</li><li>पाठ: 7 विशेषण</li></ul>
Writing	SEAB & Notebook
Listening, Speaking and Writing (LSR)	Katha Manjusha <ul style="list-style-type: none"><li>पाठ 4 - चिड़िया की समझदारी</li><li>पाठ 5 - गुस्से का चेहरा</li></ul>
Maths	<b>Maths Weaves</b> <ul style="list-style-type: none"><li>Chapter 5 - Building Numbers</li><li>Chapter 6- Addition and Subtraction of bigger numbers</li></ul>
EVS	<b>The Science Tree</b> <ul style="list-style-type: none"><li>Chapter 8: Our Festivals</li><li>Chapter 9: Building Good Habits</li><li>Chapter 10: Safety Rules</li></ul>





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Logical Reasoning	<ul style="list-style-type: none"><li>Classification - Assignment 15,16,17,18,19,20</li><li>Ordering – Assignment – 21,22,23</li></ul>
Sanskrit	<ul style="list-style-type: none"><li>व्यंजनानी ( त, थ, द, ध, न, प, फ, ब, भ, म, य, र )</li></ul>
Music (Vocal & Instrumental)	<ul style="list-style-type: none"><li>वैष्णव जान तोह (song)</li><li>Dussehra – Ram Bhajan and Mantra</li><li>Durga mantra and Bhajan</li></ul>
Dance	<ul style="list-style-type: none"><li>Basic Knowledge of Folk Dance</li><li>Folk Dance of –<ul style="list-style-type: none"><li>➤ Assam – Bihu</li><li>➤ Gujrat - Garba</li></ul></li></ul>
Art	<ul style="list-style-type: none"><li>Diwali Lamp</li><li>A Sheep</li><li>Camel</li><li>Kangaroo</li><li>Bat</li><li>Puppy House</li></ul>
Value Education	<b>Yes We Can</b> <ul style="list-style-type: none"><li>Chapter 7 – Three Magic Words</li><li>Chapter 8 – Clean and Tidy</li><li>Chapter 9- Sorry Grandpa!</li></ul>
GK	<b>Junior Genius</b> <ul style="list-style-type: none"><li>Language and Literature</li><li>Sports and Fitness</li></ul>
Life Skills	Safety Troop Unit 2-My Body's Safety Unit 3- Stranger Danger
Physical Education	<ul style="list-style-type: none"><li>Mass PT</li><li>Basketball dribbling</li><li>football kicking</li><li>Balancing Activity</li><li>Broad Jump</li><li>Badminton</li><li>Yoga</li><li>Martial Arts</li></ul>



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## Holiday Planner September-October 2025-26

Day and Date	Holiday
Wednesday, 17 September'25	Vishwakarma Pooja
Wednesday, 1 October'25	Ramanavami
Thursday, 2 October'25	Gandhi Jayanti, Dussehra
Tuesday, 7 October'25	Maharishi Valmiki Jayanti
Monday, 20 October'25	Choti Diwali
Tuesday, 21 October'25	Diwali
Wednesday, 22 October'25	Govardhan Puja
Thursday, 23 October'25	Bhai Dooj
Tuesday, 28 October'25	Chhat Puja

Thank  
You