

II Jai Sri Gurudev II
Sri Adichunchanagiri Shikshana Trust (R.)

BGS Vijnatham School

Winter

Enrichment

Activities







BGS Vijnatham School

WINTER ENRICHMENT ACTIVITIES (2025-26)
STEP - VI

"What good is the warmth of summer, without the cold of winter to give it sweetness".

Welcome to an exciting winter break filled with hands-on learning projects! This guide is designed to keep Class VI students engaged, curious, and warm during the holidays through two enriching activities that blend creativity, scientific inquiry, and cultural exploration.

Dear Parents,

Greetings of the day!

We all wait eagerly for the winter holidays. There is no doubt that vacations are the most appropriate time for students to refresh and rejuvenate themselves. Children have ample energy which needs to be channelized in the right direction to get the best out of them.

Important Points:

- •Holiday Assignments: Winter enrichment activities are detailed within this. We urge you to ensure your ward completes these activities as they are designed to reinforce learning in a fun way.
- •Safety: Please ensure your child stays warm and safe during the cold weather.
- •Personal Contact Classes: Online classes or revision sessions may continue for students of Steps VI- IX & XI as per their specific schedules provided by the class teachers.

We wish all our students and parents a joyful festive season and a very **Happy and Prosperous New Year!**

Warm Regards,

Principal





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Theme: My Family Weather Station

Activity Name: Weather & Climate Observation Project

What Students Will Do:

Observe and record daily weather conditions at home for **7–10 days** with family support. Note **temperature**, **humidity**, **wind direction**, and general weather (sunny, foggy, cold, etc.).

Maintain regular entries in a weather journal to build consistency and responsibility.

How to Record:

Use a weather chart to enter daily data

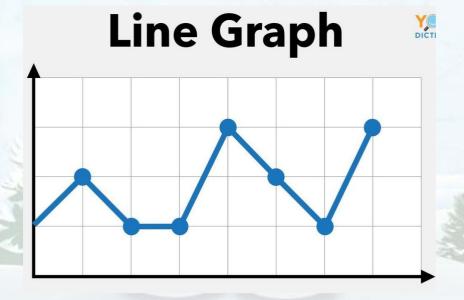
Draw one simple line graph (temperature)

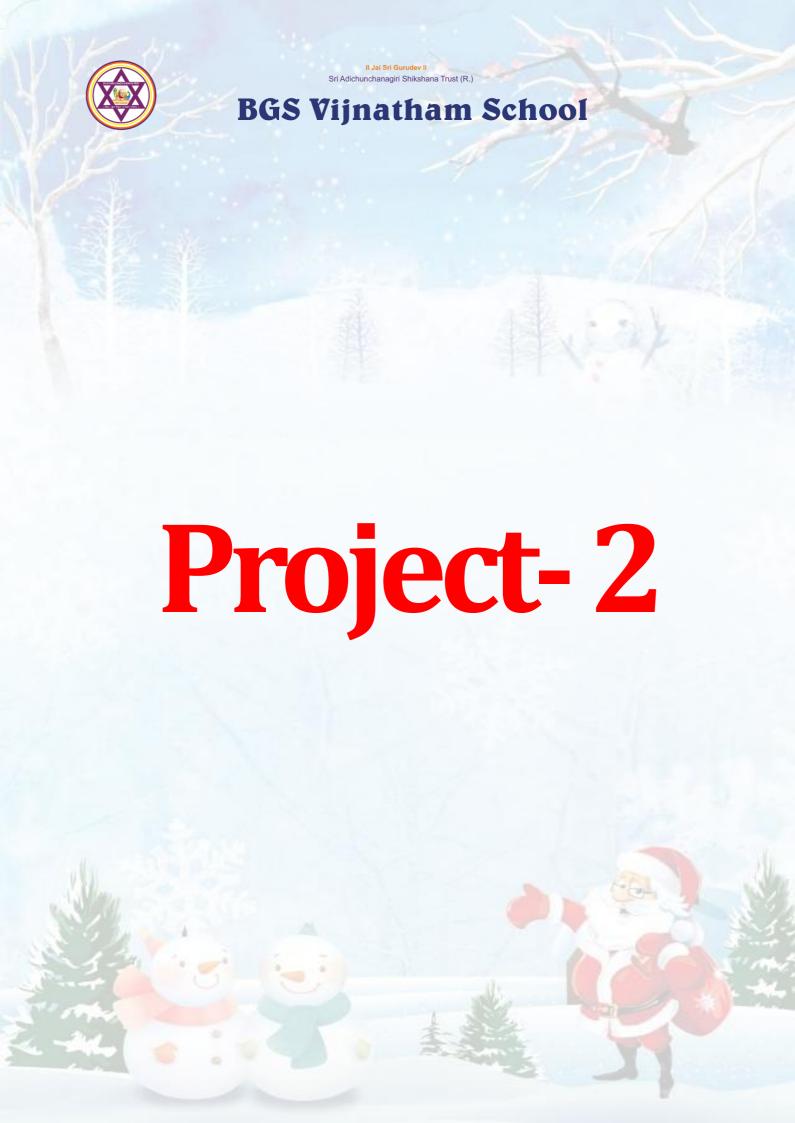
Write 2–3 sentences daily in English or Hindi

Final Display / Submission:

Weather chart Line graph Observation journal (Size A4 Sheet)

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Traditional Games Week

Theme: Culture & Physical Health

Activity Overview

Students will play Indian traditional games with their family members during the given week. They will observe, record, and reflect on the games played, focusing on culture, physical movement, and teamwork.

How to Conduct the Activity (Step-by-Step)

Select Any 2-3 Traditional Indian Games, such as:

- Kho-Kho
- Kabaddi
- Gitte (Five Stones)
- Kikli
- Lagori (Seven Stones)
- Stapu

Play the Games with family members (siblings, parents, grandparents). After Playing, record details in a Game Chart, such as:

- Name of the game
- Date played
- Number of players
- > Time duration
- Scores / rounds
- Muscles used (legs, arms, full body)

Take Photographs (optional but encouraged). **Write a Short Reflection**:

Which game did you enjoy the most and why? How did the game help your body stay fit? What did you learn from playing together?

Material Required

A4 sheets
Pencil, eraser, ruler
Colours / sketch pens

