



# BGS Vijnatham School

## HOME AND SCHOOL CONNECT

WORKING TOGETHER FOR A BETTER  
TOMORROW....

January - March (2025 -2026)

Step – Orange Marigolds

*From the Desk of the Principal..*

*Learning is a journey and every milestone is a step toward excellence.*

Dear Parents and Students,

Greetings from BGSVS!

As we enter the final quarter of the academic session **2025–26**, we do so with immense pride and gratitude. This year has been a journey of growth, achievements, and memorable moments that strengthened the spirit of the **BGS Vijnatham family**. Our students have consistently demonstrated dedication and excellence across academics, sports, arts, and co-curricular activities, reflecting our commitment to nurturing confident and compassionate individuals.

As we move into the final phase of **assessments and board examinations**, we extend our heartfelt best wishes to all our students—especially the **first batch of Class XII**, who are reaching a historic and significant milestone in their educational journey. May your hard work and perseverance bring you success.

We sincerely thank our teachers for their unwavering dedication and our parents for their continued support. Together, we look ahead with confidence and commitment to excellence.

Working together

Principal  
BGS Vijnatham School



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## Parenting Tips

- ❖ As a new initiative “हर हाथ में किताब”, we request you to kindly send 1 small story book as per your child’s level to the school for creating a class library.
- ❖ Encourage your child to recite shlokas, as we are also encouraging them to chant shlokas in the special assembly “Bhakti Vachan”.
- ❖ Make reading a regular part of your child's life and encourage them to explore different genres.
- ❖ Set a Good Example: Children learn by observing their parents.
- ❖ Be a role model for the behaviour and values you want to instill in them.

Do's	Don'ts
Close the taps after use in the drinking area and washrooms.	Do not damage school property.
The medium of communication at all times must be English	Students must not jump up and hit door jams as they pass through.
Students will always use respectful and appropriate language	Students must follow safety guidelines, as instructed, when using any equipment.
Students must climb up and down the stairs, one stair at a time.	Do not be irregular to school.
Keep the classrooms and school premises clean and tidy	Do not shout and disturb the classroom at any point of time and in the premises.
Students must learn to share and take turns with all playground equipment.	Students should not push, kick, hit, punch or exhibit any act of violence.
Keep your head, hands, and arms inside the bus at all times.	Do not run, jump on the bus always be in your seat.



# BGS Vijnatham School

We always put our efforts into inculcating healthy eating habits and promoting good nutrition in children. Good Nutrition is key to Good Health and helps us boost our immunity. In this regard, this is kindly advised to ensure the following:

- Serve a variety of healthy foods and snacks, including vegetables (all green leafy and other vegetables), fruits, pulses, and cereals in lunch boxes and family meals.
- Avoid sending pickles & junk food in the lunchbox.
- Do not send such items in lunch that need to be kept refrigerated.
- Be a role model by eating healthy yourself.
- Limit fast food and low-nutrient snacks in the diet.
- Limit sugary drinks, such as soda and fruit-flavoured drinks. Serve water and low-fat milk instead.
- Involve kids in meal planning by brainstorming about what foods they'd like for lunch.

## FOOD MENU



Days	fruits	Lunch
Monday	Grapes/ Papaya	Sandwich (Multigrain Bread)/
Tuesday	Banana/ Apple	Stuffed Parantha
Wednesday	Roasted foxnuts/ Dry fruits	Chila stuffed with vegetables or paneer
Thursday	Oranges/ Banana	Idli/ Uttapam with coconut chutney or tomato chutney(homemade)
Friday	Fruit chaat	Aloo Poori/ Bread roll/ Vegetable cutlets





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## CURRICULUM

JANUARY-MARCH (2025-2026)

Subject	Syllabus
English	<b>Oral language Development</b>
Listening	Travel with Dizzy Play Time with Dizzy
• Speaking	<b>Oral Language Development</b> <ul style="list-style-type: none"> <li>Travel with Dizzy</li> <li>Play Time with Dizzy</li> </ul> <b>Rhymes</b> <ul style="list-style-type: none"> <li>I'm a Tortoise</li> <li>Brush your Teeth</li> <li>Bingo</li> <li>Auntie Polly Had a Dolly</li> <li>Bits of Paper</li> </ul> <b>Story</b> <ul style="list-style-type: none"> <li>Let Us Play</li> </ul>
Reading	Fitzroy Readers- Story: 9X- The Billabong <ul style="list-style-type: none"> <li>Word Recognition:- The Letter Sounds- v, x, z</li> <li>Special Words: name, like, play, tree</li> </ul> Story: 8X-Cat and Kitten <ul style="list-style-type: none"> <li>Special Words: very</li> </ul>
Writing	<b>Writing Practice</b> <ul style="list-style-type: none"> <li>Letters- v, x, z</li> <li>SEAB</li> <li>Notebook work</li> </ul>
Hindi	
Listening	<ul style="list-style-type: none"> <li>कथा- चुटकी और मुटक मैहरू की पत्नी</li> <li>कविता – टिम-टिम</li> </ul>
Speaking	<b>श्लोक:</b> <ul style="list-style-type: none"> <li>सरस्वती नमस्तुभ्यं वरदे कामरूपिणि । विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥”</li> <li>“असतो मा सद्गमय । तमसो मा ज्योतिर्गमय । मृत्योर्मा अमृतं गमय । ॐ शान्तिः शान्तिः शान्तिः ॥ “</li> </ul>
Reading	<ul style="list-style-type: none"> <li>व्यंजन: क-ह</li> <li>तीन वर्ण वाले शब्द</li> <li>चार वर्ण वाले शब्द</li> <li>छोटे छोटे वाक्य पढ़ना</li> </ul>
Writing	<ul style="list-style-type: none"> <li>Pitara</li> <li>SEAB</li> <li>Notebook work</li> </ul>



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## CURRICULUM

NOVEMBER-DECEMBER (2025-2026)

Subject	Syllabus
Numeracy	<ul style="list-style-type: none"><li>• Backward Counting 20-1</li><li>• Numbers 41-50</li><li>• Flat Shapes</li><li>• Solid Shapes</li><li>• Counting in Tens till 50</li><li>• Days of the Week</li><li>• I Can Count</li><li>• Number Line</li><li>• Before Numbers</li><li>• After Numbers</li><li>• In-Between Numbers</li><li>• Missing Numbers</li><li>• What Will You Get?</li><li>• Game: Put Together and Decomposing</li><li>• Game: Take Away</li><li>• Let Us Share</li><li>• Front and Back</li><li>• Indian Currency Notes</li></ul>
World Around Me Activity Book	<ul style="list-style-type: none"><li>• Vehicles</li><li>• Our Helpers</li><li>• Places in Our Neighbourhood</li><li>• Machines in Our Homes</li><li>• Computers</li><li>• Living and Non-Living Things</li></ul>
Wellness and Well Being	<ul style="list-style-type: none"><li>• Radiant Rainbow Walk</li><li>• Sing Silly Songs</li><li>• Time for Chores</li><li>• Unique Unicorn</li><li>• Valuable Values</li><li>• Water Play</li><li>• X-Ray Vision</li><li>• Yoga A to Z</li><li>• Zig-Zag Colouring</li></ul>
Art and Craft	<ul style="list-style-type: none"><li>• Paper Bowl Turtle</li><li>• Paper Folding- Flower</li><li>• Paper Bag Puppets</li></ul>





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## CURRICULUM NOVEMBER-DECEMBER (2025-2026)

<b>Dance</b>	<ul style="list-style-type: none"><li>• Patriotic Songs</li></ul>
<b>Sports</b>	<ul style="list-style-type: none"><li>• Making 8</li><li>• Yoga</li><li>• Exercise</li><li>• Martial Arts</li><li>• Fun Races</li><li>• Balance Walk</li><li>• Throw the Ball in the Basket</li><li>• Obstacle Walk</li><li>• Kick the Ball</li></ul>

### Holiday Planner January - March

Day and Date	Holiday
Monday, 26 January'26	Republic Day
Tuesday, 3 March'26	Holika Dahan
Wednesday, 4 March'26	Holi

Thank  
You