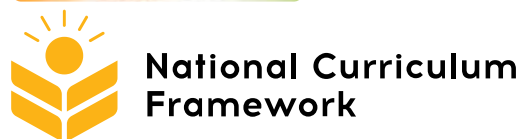




Aligned With



A Product of GoSharpener
Toolkit for Sustainability Activities
Vol- 11th & 12th | October 2026-27

MODEL DEMONSTRATION

STEPS TO FOLLOW

- 1 Gather your waste materials
- 2 Watch informational video to attempt the quiz
- 3 Watch activity video to attempt the activity
- 4 Complete the activity
- 5 Click photo & Upload on GoSharpener using the GoSharpener Calculator



Reference	Part & Project	Activity / Chapter	Activity Name & Description	Day & Date	SDG Day	SDG
SWACHH EVAM HARIT VIDYALAYA RATING	Non Bioderadable Waste Management	How does the school dispose its non-biodegradable waste (dry waste)?	E-Waste Collection Drive The "E-Waste Collection Drive" activity has students gather safe, unused electronics from home and submit them to their Class Teacher for authorised recycling, reinforcing responsible e-waste disposal and the principle of Reduce, Reuse, Repair, Recycle. Completion requires uploading a photo with the collected e-waste at the submission point on the GoSharpener platform	International E-waste Day (14th October)	1	12 RESPONSIBLE CONSUMPTION AND PRODUCTION
GOSHARPENER ACTIVITY	Handwash Hygiene	—	DIY Easy Coffee Soap Scrub The "DIY Easy Coffee Soap Scrub" activity has students prepare a simple exfoliating scrub using coffee grounds, sugar, coconut oil, and liquid soap, learning how physical exfoliants combined with soap can cleanse and renew the skin. Completion requires uploading a photo with the finished scrub on the GoSharpener platform.	Global Handwashing Day (15th October)	2	3 GOOD HEALTH AND WELL-BEING

INSTRUCTIONS FOR CONDUCTING ACTIVITY
INTERNATIONAL E-WASTE DAY

Name of Activity: E-Waste Collection Drive

E-waste includes old, broken, or unwanted electronic and electrical items. Through this activity, students will collect safe e-waste from home and submit it at school for responsible recycling.

Materials Required

- Reusable bag or box
- Safe e-waste from home

Step-by-Step Activity Flow

Step 1: Collect E-Waste at Home

- With a parent/guardian's permission, look around your home for old, unused, or broken electronic items that are no longer needed.

Step 2: What to Collect

- Collect items such as old chargers, cables, earphones, computer mice, keyboards, remote controls, and small electronic accessories.

Step 3: What Not to Collect

- Do not bring leaking/damaged batteries, bulbs, large appliances, exposed wires, hazardous items, or anything that is still in use.

Step 4: Pack Safely

- Place the collected e-waste carefully in a reusable bag or box. Do not break, open, or dismantle any electronic item.

Step 5: Bring to School

- Bring the collected e-waste to school on the date announced by your teacher and carry it safely.

Step 6: Submit the E-Waste

- Submit your collected e-waste to your Class Teacher or Class CR at the designated collection point.

Step 7: Count and Record

- With the help of your teacher/Class CR, count the items collected and observe how much e-waste your class has gathered.

Step 8: Recycle Responsibly

- The school will send the collected e-waste to an authorised e-waste recycler for safe and responsible recycling.

Important Observation

- E-waste should never be mixed with regular waste. Reduce, Reuse, Repair and Recycle electronic products whenever possible.

Evidence: Upload a picture of yourself with the e-waste you collected on the platform using the GoSharpener Calculator.

Info Video

Activity Video

INSTRUCTIONS FOR CONDUCTING ACTIVITY
GLOBAL HANDWASHING DAY

Name of Activity: DIY Easy Coffee Soap Scrub

Students will prepare a simple exfoliating coffee soap scrub using common household items and learn how physical exfoliants combined with soap can deeply cleanse and renew the skin.

Materials Required

- Coffee Powder or Dried Used Coffee Grounds – 2 tablespoons
- Liquid Handwash or Mild Liquid Body Wash – 3 tablespoons
- Coconut Oil – 1 tablespoon; Sugar (Optional, for extra scrubbing) – 1 teaspoon
- Small clean bowl
- Spoon
- Clean reused jar/container with lid
- Apron

Step-by-Step Instructions

Step 1: Prep the Coffee Base

- Put 2 tablespoons of coffee powder or dried used coffee grounds into a clean bowl.

Step 2: Add the Extra Scrub

- Add 1 teaspoon of sugar into the bowl and mix it evenly with the coffee powder.

Step 3: Coat with Oil

- Add 1 tablespoon of coconut oil to the mixture and stir thoroughly until all the coffee is evenly coated.

Step 4: Incorporate the Soap

- Gradually pour 3 tablespoons of liquid handwash or mild liquid body wash into the bowl.

Step 5: Mix to Consistency

- Mix the ingredients thoroughly until you get a thick, scoopable scrub consistency, adding a little more liquid soap if it feels too dry.

Step 6: Package the Scrub

- Carefully transfer the finished scrub into a clean, dry, reused container and close the lid tightly.

Evidence : Upload a picture of yourself with the Easy Coffee Soap Scrub on the platform using the GoSharpener Calculator.

Info Video

Activity Video

Reference	Part & Project	Activity / Chapter	Activity Name & Description	Day & Date	SDG Day	SDG
SWACHH EVAM HARIT VIDYALAYA RATING	Non Bioderadable Waste Management	How does the school dispose its non-biodegradable waste (dry waste)?	E-Waste Collection Drive The "E-Waste Collection Drive" activity has students gather safe, unused electronics from home and submit them to their Class Teacher for authorised recycling, reinforcing responsible e-waste disposal and the principle of Reduce, Reuse, Repair, Recycle. Completion requires uploading a photo with the collected e-waste at the submission point on the GoSharpener platform	International E-waste Day (14th October)	1	12 RESPONSIBLE CONSUMPTION AND PRODUCTION 
SWACHH EVAM HARIT VIDYALAYA RATING	Handwash Hygiene	—	DIY Aloe and Oil Hydrating Cream The "DIY Aloe and Oil Hydrating Cream" activity has students prepare a simple nourishing cream using aloe vera gel, oil, and optional Vitamin E, observing emulsification as the gel and oil whip into a creamy lotion. Completion requires uploading a photo with the finished cream on the GoSharpener platform.	Global Handwashing Day (15th October)	2	3 GOOD HEALTH AND WELL-BEING 

INSTRUCTIONS FOR CONDUCTING ACTIVITY
INTERNATIONAL E-WASTE DAY

Info Video

Activity Video

Name of Activity: E-Waste Collection Drive

E-waste includes old, broken, or unwanted electronic and electrical items. Through this activity, students will collect safe e-waste from home and submit it at school for responsible recycling.

Materials Required

- Reusable bag or box
- Safe e-waste from home

Step-by-Step Activity Flow

Step 1: Collect E-Waste at Home

- With a parent/guardian's permission, look around your home for old, unused, or broken electronic items that are no longer needed.

Step 2: What to Collect

- Collect items such as old chargers, cables, earphones, computer mice, keyboards, remote controls, and small electronic accessories.

Step 3: What Not to Collect

- Do not bring leaking/damaged batteries, bulbs, large appliances, exposed wires, hazardous items, or anything that is still in use.

Step 4: Pack Safely

- Place the collected e-waste carefully in a reusable bag or box. Do not break, open, or dismantle any electronic item.

Step 5: Bring to School

- Bring the collected e-waste to school on the date announced by your teacher and carry it safely.

Step 6: Submit the E-Waste

- Submit your collected e-waste to your Class Teacher or Class CR at the designated collection point.

Step 7: Count and Record

- With the help of your teacher/Class CR, count the items collected and observe how much e-waste your class has gathered.

Step 8: Recycle Responsibly

- The school will send the collected e-waste to an authorised e-waste recycler for safe and responsible recycling.

Important Observation

- E-waste should never be mixed with regular waste. Reduce, Reuse, Repair and Recycle electronic products whenever possible.

Evidence: Upload a picture of yourself with the e-waste you collected on the platform using the GoSharpener Calculator.

INSTRUCTIONS FOR CONDUCTING ACTIVITY
GLOBAL HANDWASHING DAY

Info Video

Activity Video

Name of Activity: DIY Aloe and Oil Hydrating Cream

Students will prepare a simple, nourishing skin cream using accessible household ingredients and observe a hands-on demonstration of emulsification—the science of forcing oil and water to mix.

Materials Required

- Aloe Vera Gel – 2 tablespoons
- Sunflower Oil or Jojoba Oil – 1 teaspoon
- Vitamin E Oil (Optional) – 2–3 drops; small paper cup or jar
- Old but clean wooden popsicle stick or spoon
- Label/sticker
- Apron

Step-by-Step Instructions

Step 1: Sanitise First

- Have students wash their hands thoroughly using their freshly learned 20-second technique before starting.

Step 2: Measure and Combine the Base

- In a small paper cup or jar, carefully measure and add 2 tablespoons of aloe vera gel.

Step 3: Add the Oil and Options

- Measure and add 1 teaspoon of sunflower oil or jojoba oil to the aloe vera gel. If available, add 2–3 drops of optional Vitamin E oil.

Step 4: Whip and Emulsify

- Use a wooden popsicle stick or spoon to stir the mixture vigorously for about 60 seconds.

Step 5: Watch the Magic

- Observe how the clear gel and oil turn into a creamy, milky-white lotion as a result of emulsification.

Step 6: Package the Cream

Have students carefully spoon their freshly made cream into small, airtight travel containers to take home.

Evidence: Upload a picture of yourself with the hydrating cream on the platform using the GoSharpener Calculator.

EVIDENCE REPORTING

STEPS TO FOLLOW

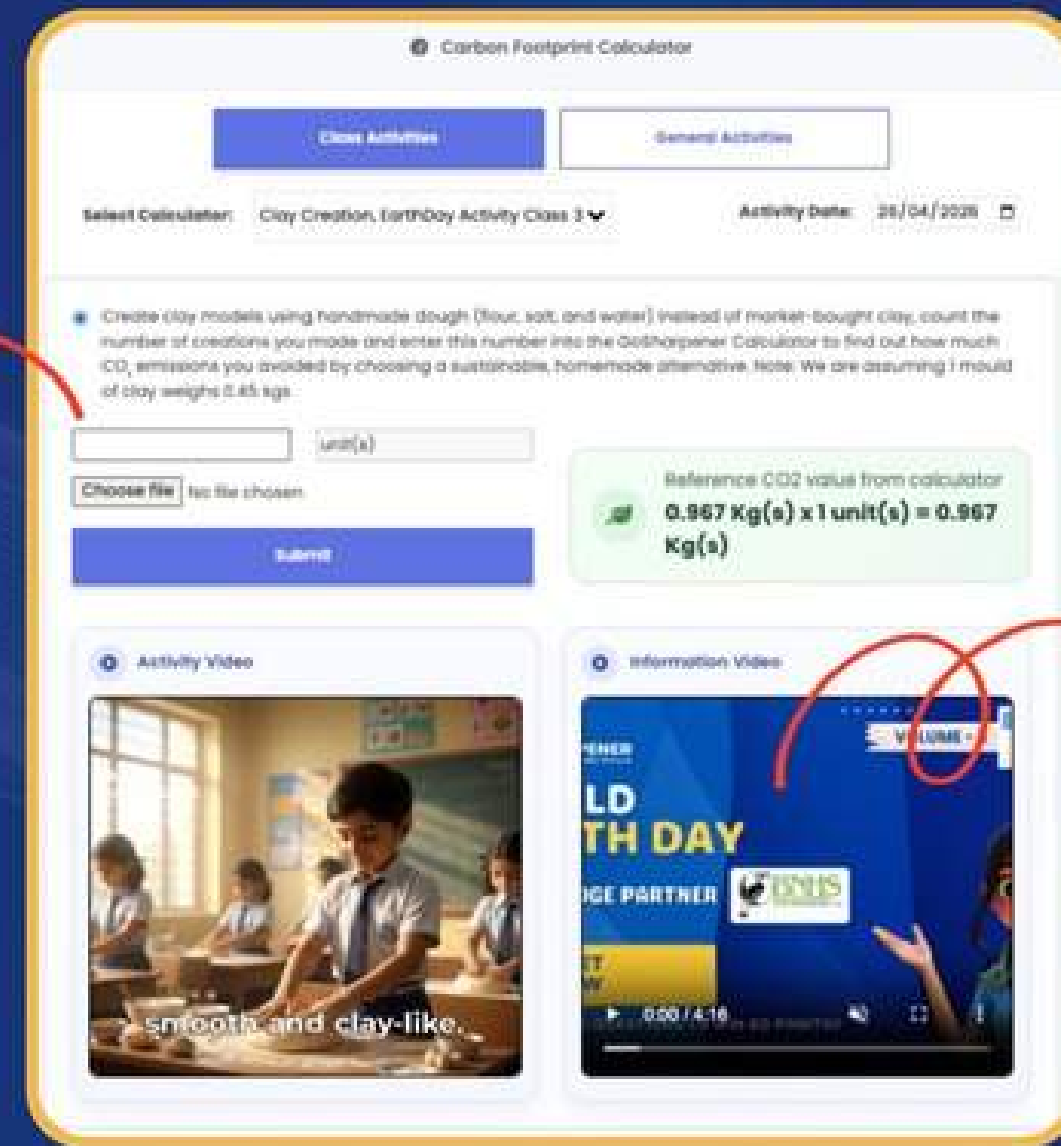
- 1 Download the App
- 2 Login
- 3 Select, "GoPoints Activity"
- 4 Upload Photo
- 5 Tag Class
- 6 Get Certificate

KNOWLEDGE PARTNER-



How to Upload Your Activity on GoSharpener

Enter the required Quantity/Unit, then upload the relevant file



Click on "Activity Video"/"Information video" to learn how to perform the activity.

Month	Day	Grade	SDG
October	Global Handwashing Day	3rd to 12th	3 GOOD HEALTH AND WELL-BEING 

INSTRUCTIONS FOR CONDUCTING SPOTLIGHT ACTIVITY

GLOBAL HANDWASHING DAY



Name of Activity: DIY Natural Cleansing Wash

Students explore how naturally fallen, discarded, or common household plant materials can be repurposed into a natural cleansing solution, encouraging the reuse of organic waste and responsible consumption.

- Materials Required**
- Saponin Source: Clean, correctly identified horse chestnuts (conkers) or dried soapnuts (reetha) or common rolled oats
 - Soothing Ingredient: Fresh aloe vera leaves or aloe vera gel or flaxseeds (linseeds)
 - Water: Warm water
 - Mixing Container: Clean glass bowl from the kitchen or a clean old reusable plastic bowl/container (such as a washed yoghurt tub)
 - Storage Container: Clean reused glass jar/bottle or a thoroughly washed old plastic juice bottle
 - Crushing Tool: Reused kitchen mortar and pestle or a rolling pin/smooth rock paired with a sturdy reusable zip-lock bag or clean old tea towel
 - Cutting Tool: Reused kitchen knife and chopping board
 - Straining Tool: Fine sieve from the kitchen or clean cotton cloth or clean old t-shirt/sock or reused coffee filter
 - Stirring Tool: Reused kitchen spoon/wooden spoon or whisk
 - Safety Gear: Reusable gloves
 - Apron

Step-by-Step Instructions

- Step 1: Collect and Gather the Materials**
- Collect clean, naturally fallen horse chestnuts or aloe vera leaves removed during garden maintenance. If using kitchen staples, gather your soapnuts, oats, store-bought gel, or flaxseeds. Do not collect natural materials from roadsides, drains, or polluted areas.
- Step 2: Clean the Materials**
- Wash the horse chestnuts or soapnuts thoroughly with clean water to remove soil and dirt. Pat them dry using a clean cloth. (Skip this step if using clean kitchen oats).
- Step 3: Cut or Prepare the Materials**
- With adult supervision, place your material on a chopping board. Carefully cut the conkers into small pieces, or crack open the soapnuts. Smaller pieces will help the useful soap-like compounds mix more easily with the water. (If using oats, simply measure them out raw).
- Step 4: Crush the Materials**
- Place the cut pieces in a mortar and crush them using a pestle until they become a coarse mash.
 - Alternative: If you do not have a mortar and pestle, place your cut materials inside a sturdy reusable plastic zip-lock bag or wrap them securely in a clean old tea towel. Crush them from the outside using a rolling pin or a smooth rock. Avoid touching the crushed material unnecessarily.

- Step 5: Soak the Mixture**
- Transfer the mash or oats into a clean reused glass bowl or old reusable plastic container. Add enough warm water to completely cover it and leave it to soak for approximately 2 hours. Stir the mixture gently every 30–40 minutes.
 - Alternative for Flaxseed users: If you are using flaxseeds as your soothing ingredient instead of aloe vera, boil 1 tablespoon of flaxseeds in a cup of water for 5 minutes right now so it can cool down and form a gel.
- Step 6: Strain the Cleansing Liquid**
- Place a fine sieve, clean cotton cloth, old t-shirt fabric, or coffee filter over another clean reused bowl or container. Pour the soaked mixture through it and press the mash gently to collect the liquid. Discard the remaining solid material in the appropriate organic-waste bin.
- Step 7: Prepare the Soothing Gel**
- Prepare your gel component depending on what you have available:
 - If using fresh aloe vera: Wash the leaf thoroughly. Carefully cut away the outer green skin and remove only the clear inner gel. Rinse the gel once with clean water.
 - If using store-bought aloe vera gel: Measure out 1–2 teaspoons of the gel.
 - If using flaxseeds: Strain the cooled, boiled flaxseed liquid through a cloth to separate the thick, clear gel from the seeds.
- Step 8: Combine the Ingredients**
- Add a small amount of your prepared aloe vera gel or flaxseed gel to the strained cleansing liquid. Mix the two ingredients slowly with a clean reused spoon or whisk until the gel is evenly distributed throughout the liquid.
- Step 9: Check the Mixture**
- Observe the colour, texture, and consistency of your mixture. Gently shake or whisk a small amount and observe whether it produces a light, soap-like lather due to the naturally occurring saponins in your plant material.
- Step 10: Transfer and Label**
- Pour the prepared mixture into a clean reused, labelled glass jar or old plastic bottle. Write “Natural Cleansing Wash – Demonstration Sample” on the label and note the date it was prepared.
- Step 11: Dispose of the Materials Safely**
- Do not keep the mixture for long periods because it contains fresh plant material and has no chemical preservatives. Dispose of the remaining mixture and plant waste appropriately after your demonstration.
 - Safety:** Horse chestnuts (conkers) are not edible and must never be consumed. Do not confuse conkers with edible chestnuts.
 - Do not apply the prepared mixture to the eyes, face, or broken skin.
 - This activity is strictly for demonstrating plant-based cleansing properties and does not replace regular hand soap.
- Evidence:** Upload a picture of yourself with the natural cleansing wash on the platform using the GoSharpener Calculator.

SHARPENER
The School Student Network

SPOTLIGHT VIDEO

October
15

3 GOOD HEALTH AND WELL-BEING

GLOBAL HANDWASHING DAY

KNOWLEDGE PARTNER 

SPOTLIGHT

DIY NATURAL CLEANSING WASH

WIN REWARDS

WATCH NOW 



Month	Day	Grade	SDG
October	World Food Day	3rd to 12th	2 ZERO HUNGER 

INSTRUCTIONS FOR CONDUCTING SPOTLIGHT ACTIVITY
WORLD FOOD DAY



Name of Activity: Cucumber Strawberry Yogurt Crunch

Materials Required

- Cucumber – 1 medium, finely chopped
- Thick plain curd/yogurt – ½ cup
- Strawberry – 3–4, finely chopped
- Roasted makhana – ½ cup, lightly crushed
- Mint leaves – 4–5, finely chopped
- Lemon juice – ½ teaspoon
- Roasted cumin powder – ¼ teaspoon
- A small pinch of black salt

Steps

1. Wash the cucumber, strawberries and mint thoroughly.
2. Chop the cucumber and strawberries into small bite-sized pieces.
3. Whisk the curd until smooth and creamy.
4. Add cucumber, strawberries and mint.
5. Add lemon juice, cumin powder and a tiny pinch of black salt.
6. Mix gently.
7. Add crushed roasted makhana right before serving for the crunch.

The result: creamy yogurt + juicy cucumber + sweet strawberry + crunchy makhana, with just a tiny tangy twist.

Evidence: Upload a picture of yourself with the Cucumber Strawberry Yogurt Crunch on the platform using the GoSharpener Calculator.



SHARPENER
The School Student Network

SPOTLIGHT VIDEO

October

16

2 ZERO HUNGER


WORLD
FOOD DAY

KNOWLEDGE PARTNER epigamia

SPOTLIGHT

CUCUMBER
STRAWBERRY YOGURT
CRUNCH

WIN REWARDS

WATCH NOW 



INFOGRAPHICS



Around **1 in 8** people globally live with a mental health condition.
Prioritising mental well-being, seeking support, and creating inclusive communities helps everyone thrive.

Here's How You Can Help: [Log in to the platform and report your sustainable action today](#)



The world generates over **62 million tonnes** of **e-waste** every year, but only about **22%** is formally collected and recycled.
Responsible e-waste disposal helps recover valuable materials and protects the environment.

Here's How You Can Help: [Log in to the platform and report your sustainable action today](#)

PLEASE PLACE THESE INFOGRAPHICS IN STRATEGIC LOCATIONS TO SPREAD AWARENESS

INFOGRAPHICS



Sustainable living means meeting today's needs without compromising future generations.

Small actions like **conserving energy**, **reducing waste**, and **choosing sustainable products** create lasting positive impact.

Here's How You Can Help: Log in to the platform and report your sustainable action today



Reusing everyday items reduces waste, conserves **natural resources**, and lowers carbon emissions.

Extending **the life of products** is one of the **simplest ways to support a circular economy**.

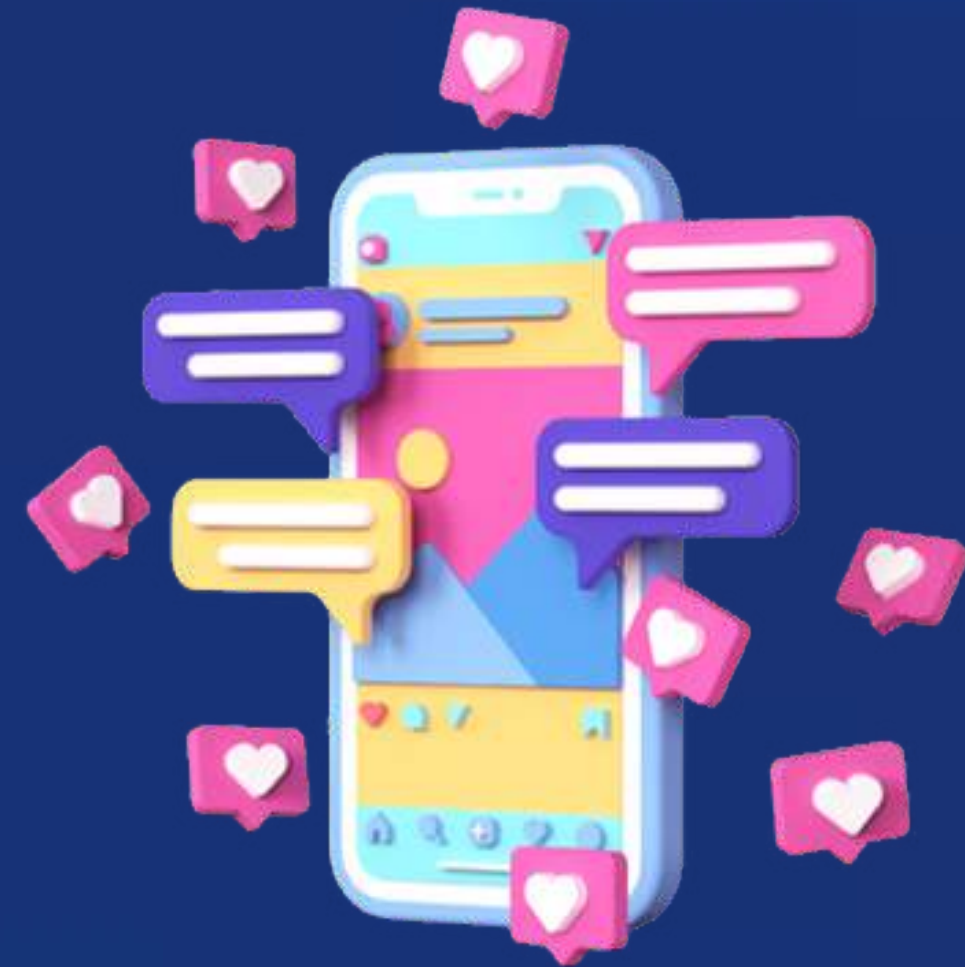
Here's How You Can Help: Log in to the platform and report your sustainable action today

PLEASE PLACE THESE INFOGRAPHICS IN STRATEGIC LOCATIONS TO SPREAD AWARENESS

STAY CONNECTED. STAY INSPIRED.

FOLLOW GOSHARPENER TO EXPLORE HOW SCHOOLS ACROSS THE COUNTRY ARE TURNING LEARNING INTO MEANINGFUL ACTION. DISCOVER STUDENT-LED INITIATIVES, INSPIRING SCHOOL STORIES, EXPERT INSIGHTS, SUSTAINABILITY ACTIVITIES!

SCAN. FOLLOW. BE PART OF THE **CHANGE**.



Monthly Toolkit training will be held as per the given details on Google Meet for Educators

Day	Timings	Classes
Mondays	5pm to 5.30pm	3-5
Tuesdays	5pm to 5.30pm	6-8
Wednesdays	5pm to 5.30pm	9-10
Thursdays	5pm to 5.30pm	11-12

Kindly contact the Account Manager to block your seat in advance!



SHARP ACTION

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Vol- 9th to 12th | October 2026-27



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