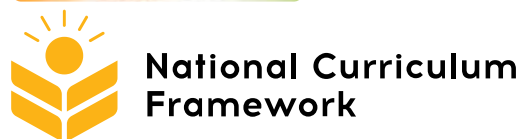




Aligned With



A Product of GoSharpener
Toolkit for Sustainability Activities
Vol- 3rd to 5th | October 2026-27

MODEL DEMONSTRATION

STEPS TO FOLLOW

- 1 Gather your waste materials
- 2 Watch informational video to attempt the quiz
- 3 Watch activity video to attempt the activity
- 4 Complete the activity
- 5 Click photo & Upload on GoSharpener using the GoSharpener Calculator



Reference	Part & Project	Activity / Chapter	Activity Name & Description	Day & Date	SDG Day	SDG
SWACHH EVAM HARIT VIDYALAYA RATING	Operation & Maintainance	How does the school dispose its non-biodegradable waste (dry waste)?	E-Waste Collection Drive The "E-Waste Collection Drive" activity has students gather safe, unused electronics from home and submit them to their Class Teacher for authorised recycling, reinforcing responsible e-waste disposal and the principle of Reduce, Reuse, Repair, Recycle.	International E-waste Day (14th October)	1	12 RESPONSIBLE CONSUMPTION AND PRODUCTION
SWACHH EVAM HARIT VIDYALAYA RATING	Handwashing with Soap	Does the school provide soaps for hand-washing before PM POSHAN (earlier Mid-Day Meal) / lunch?	100% Plastic Free Soap The "100% Plastic-Free DIY Soap Bar" activity guides students to transform leftover soap scraps into a new, reusable bar using natural binding materials and eco-friendly moulds, eliminating plastic packaging while reinforcing the value of handwashing.	Global Handwashing Day (15th October)	2	3 GOOD HEALTH AND WELL-BEING

INSTRUCTIONS FOR CONDUCTING ACTIVITY
INTERNATIONAL E-WASTE DAY

▶ Info Video

▶ Activity Video

Name of Activity: E-Waste Collection Drive

E-waste includes old, broken, or unwanted electronic and electrical items. Through this activity, students will collect safe e-waste from home and submit it at school for responsible recycling.

Materials Required

- Reusable bag or box
- Safe e-waste from home

Step-by-Step Activity Flow

Step 1: Collect E-Waste at Home

- With a parent/guardian's permission, look around your home for old, unused, or broken electronic items that are no longer needed.

Step 2: What to Collect

- Collect items such as old chargers, cables, earphones, computer mice, keyboards, remote controls, and small electronic accessories.

Step 3: What Not to Collect

- Do not bring leaking/damaged batteries, bulbs, large appliances, exposed wires, hazardous items, or anything that is still in use.

Step 4: Pack Safely

- Place the collected e-waste carefully in a reusable bag or box. Do not break, open, or dismantle any electronic item.

Step 5: Bring to School

- Bring the collected e-waste to school on the date announced by your teacher and carry it safely.

Step 6: Submit the E-Waste

- Submit your collected e-waste to your Class Teacher or Class CR at the designated collection point.

Step 7: Count and Record

- With the help of your teacher/Class CR, count the items collected and observe how much e-waste your class has gathered.

Step 8: Recycle Responsibly

- The school will send the collected e-waste to an authorised e-waste recycler for safe and responsible recycling.

Important Observation

- E-waste should never be mixed with regular waste. Reduce, Reuse, Repair and Recycle electronic products whenever possible.

Evidence: Upload a picture of yourself with the e-waste you collected on the platform using the GoSharpener Calculator.

INSTRUCTIONS FOR CONDUCTING ACTIVITY
GLOBAL HANDWASHING DAY

▶ Info Video

▶ Activity Video

Name of Activity: 100% Plastic Free Soap

Reuse leftover bathing soap scraps and natural/reusable materials to make a new soap bar, reducing waste and avoiding unnecessary plastic packaging while promoting the importance of handwashing with soap.

Materials Required:

- Leftover bathing soap scraps
- Rice starch water (maand)
- Old and Dry Leaf Bowls or Empty and Used Matchboxes
- Old clean cotton cloth
- Smooth Heavy Stone (found in a nearby park or garden)
- Steel bowl or tiffin lid
- Spoon

Step-by-step instructions:

Step 1: Collect the Soap Scraps

- Collect small leftover pieces of bathing soap that are no longer convenient to use. Make sure the soap scraps are clean and free from dirt or other materials.

Step 2: Crush the Soap

- Place the soap scraps inside an old clean cotton cloth and wrap them securely. Gently crush the scraps into small crumbs using a smooth heavy stone.

Step 3: Prepare the Soap Dough

- Transfer the crushed soap crumbs into a clean steel bowl. Add 1-2 teaspoons of cool rice starch water (maand) and mix well. Knead the mixture gently until the soap crumbs come together to form a soft, mouldable dough.

Step 4: Shape the Soap Bar

- Take a clean and dry dona or cardboard matchbox and use it as a mould. Press the soap dough firmly into the mould and smooth the top using your fingers or the back of a spoon.

Step 5: Dry the Soap Bar

- Place the filled mould in a clean, dry, well-ventilated place with sunlight. Allow it to dry for 48-72 hours, or until the bar becomes firm and completely dry.

Step 6: Remove the Mould

- Once the soap bar is completely dry and firm, carefully remove the leaf bowl or cardboard mould. Check that the bar holds its shape and does not crumble easily.

Step 7: Label the Soap Bar

- Give your soap a simple name such as "Recycled Soap Bar" and write the date it was made. Explain that the bar was created by reusing leftover soap scraps.

Evidence: Upload a picture of yourself with the soap bar on the platform using the GoSharpener Calculator.

Reference	Part & Project	Activity / Chapter	Activity Name & Description	Day & Date	SDG Day	SDG
SWACHH EVAM HARIT VIDYALAYA RATING	Operation & Maintainance	How does the school dispose its non-biodegradable waste (dry waste)?	E-Waste Collection Drive The "E-Waste Collection Drive" activity has students gather safe, unused electronics from home and submit them to their Class Teacher for authorised recycling, reinforcing responsible e-waste disposal and the principle of Reduce, Reuse, Repair, Recycle.	International E-waste Day (14th October)	1	12 RESPONSIBLE CONSUMPTION AND PRODUCTION 
GOSHARPENER ACTIVITY	Handwash Hygiene	—	Citrus-Pith Degreaser Block Students turn leftover citrus peel pith and baking soda into a dried block that scrubs away grease and hard water stains from taps and sinks. It's a reminder that hygiene doesn't stop at your hands, the tap you touch and the sink you wash in matter just as much, and this block keeps both spotless naturally, no chemicals involved.	Global Handwashing Day (15th October)	2	3 GOOD HEALTH AND WELL-BEING 

INSTRUCTIONS FOR CONDUCTING ACTIVITY
INTERNATIONAL E-WASTE DAY

Info Video

Activity Video

Name of Activity: E-Waste Collection Drive

E-waste includes old, broken, or unwanted electronic and electrical items. Through this activity, students will collect safe e-waste from home and submit it at school for responsible recycling.

Materials Required

- Reusable bag or box
- Safe e-waste from home

Step-by-Step Activity Flow

Step 1: Collect E-Waste at Home

- With a parent/guardian's permission, look around your home for old, unused, or broken electronic items that are no longer needed.

Step 2: What to Collect

- Collect items such as old chargers, cables, earphones, computer mice, keyboards, remote controls, and small electronic accessories.

Step 3: What Not to Collect

- Do not bring leaking/damaged batteries, bulbs, large appliances, exposed wires, hazardous items, or anything that is still in use.

Step 4: Pack Safely

- Place the collected e-waste carefully in a reusable bag or box. Do not break, open, or dismantle any electronic item.

Step 5: Bring to School

- Bring the collected e-waste to school on the date announced by your teacher and carry it safely.

Step 6: Submit the E-Waste

- Submit your collected e-waste to your Class Teacher or Class CR at the designated collection point.

Step 7: Count and Record

- With the help of your teacher/Class CR, count the items collected and observe how much e-waste your class has gathered.

Step 8: Recycle Responsibly

- The school will send the collected e-waste to an authorised e-waste recycler for safe and responsible recycling.

Important Observation

- E-waste should never be mixed with regular waste. Reduce, Reuse, Repair and Recycle electronic products whenever possible.

Evidence: Upload a picture of yourself with the e-waste you collected on the platform using the GoSharpener Calculator.

INSTRUCTIONS FOR CONDUCTING ACTIVITY
GLOBAL HANDWASHING DAY

Info Video

Activity Video

Name of Activity: Citrus-Pith Degreaser Block

Repurpose discarded citrus peels to create a simple cleaning block that can help remove grease and oily residue from washable surfaces, reducing food waste and dependence on single-use cleaning products.

Materials Required:

- 4-5 used lemon or orange peels or any other citrus fruit
- Baking soda
- A small amount of water
- Mixing bowl
- Spoon or spatula
- Child-safe Scissors or Kitchen Grater (Strictly to be used by an elder or under adult supervision)
- Small mould or reusable container
- Clean and Old Cloth
- Reusable Gloves
- Label and marker
- Apron

Step-by-step instructions:

Step 1: Collect the Citrus Peels

- Collect clean, leftover lemon or orange peels from the kitchen after the fruit has been used. Remove any spoiled or mouldy portions.

Step 2: Clean and Prepare the Peels

- Rinse the peels thoroughly with water and remove any remaining fruit pulp. Cut them into small pieces using scissors.

Step 3: Prepare the Citrus Pith

- Scrape or grate the white inner part of the peel, known as the pith with the help of an adult, and collect it in a clean bowl.

Step 4: Add Baking Soda

- Add baking soda to the prepared citrus pith and mix well. The baking soda helps provide gentle cleaning action.

Step 5: Form the Cleaning Mixture

- Add a small amount of water and mix until the ingredients form a thick, mouldable paste. Add water slowly so the mixture does not become too wet.

Step 6: Shape the Degreaser Block

- Press the mixture firmly into a small reusable mould or container to create a compact block.

Step 7: Dry the Block

- Remove the mixture from the mould and place it on a clean tray or cloth. Allow it to dry completely in a well-ventilated area.

Step 8: Test the Block

- Once completely dry, gently rub the block on a small greasy, washable surface and wipe it with a damp cloth. Observe how effectively it removes the grease.

Step 9: Store and Reuse

- Allow the block to dry after each use and store it in a clean, dry container so it can be reused.

Evidence: Upload a picture of yourself with the citrus-pith degreaser block on the platform using the GoSharpener Calculator.

Reference	Part & Project	Activity / Chapter	Activity Name & Description	Day & Date	SDG Day	SDG
SWACHH EVAM HARIT VIDYALAYA RATING	Operation & Maintainance	How does the school dispose its non-biodegradable waste (dry waste)?	E-Waste Collection Drive The "E-Waste Collection Drive" activity has students gather safe, unused electronics from home and submit them to their Class Teacher for authorised recycling, reinforcing responsible e-waste disposal and the principle of Reduce, Reuse, Repair, Recycle.	International E-waste Day (14th October)	1	12 RESPONSIBLE CONSUMPTION AND PRODUCTION 
SWACHH EVAM HARIT VIDYALAYA RATING	Handwashing with Soap	1 tray with every 2 wash taps/ point (SSHE)	DIY Wooden Soap Tray The "DIY Wooden Soap Tray" activity has students assemble scrap wood pieces into a slatted, draining soap tray for school washrooms, promoting upcycling and sustainable design over single-use plastic alternatives.	Global Handwashing Day (15th October)	2	3 GOOD HEALTH AND WELL-BEING 

INSTRUCTIONS FOR CONDUCTING ACTIVITY
INTERNATIONAL E-WASTE DAY

 [Info Video](#)

 [Activity Video](#)

Name of Activity: E-Waste Collection Drive

E-waste includes old, broken, or unwanted electronic and electrical items. Through this activity, students will collect safe e-waste from home and submit it at school for responsible recycling.

Materials Required

- Reusable bag or box
- Safe e-waste from home

Step-by-Step Activity Flow

Step 1: Collect E-Waste at Home

- With a parent/guardian's permission, look around your home for old, unused, or broken electronic items that are no longer needed.

Step 2: What to Collect

- Collect items such as old chargers, cables, earphones, computer mice, keyboards, remote controls, and small electronic accessories.

Step 3: What Not to Collect

- Do not bring leaking/damaged batteries, bulbs, large appliances, exposed wires, hazardous items, or anything that is still in use.

Step 4: Pack Safely

- Place the collected e-waste carefully in a reusable bag or box. Do not break, open, or dismantle any electronic item.

Step 5: Bring to School

- Bring the collected e-waste to school on the date announced by your teacher and carry it safely.

Step 6: Submit the E-Waste

- Submit your collected e-waste to your Class Teacher or Class CR at the designated collection point.

Step 7: Count and Record

- With the help of your teacher/Class CR, count the items collected and observe how much e-waste your class has gathered.

Step 8: Recycle Responsibly

- The school will send the collected e-waste to an authorised e-waste recycler for safe and responsible recycling.

Important Observation

- E-waste should never be mixed with regular waste. Reduce, Reuse, Repair and Recycle electronic products whenever possible.

Evidence: Upload a picture of yourself with the e-waste you collected on the platform using the GoSharpener Calculator.

INSTRUCTIONS FOR CONDUCTING ACTIVITY
GLOBAL HANDWASHING DAY

 [Info Video](#)

 [Activity Video](#)

Name of Activity: DIY Wooden Soap Tray

Students will create a functional soap tray using reusable wooden pieces and jute rope instead of glue. The activity promotes sustainable design, upcycling, and the use of natural materials.

Materials Required

- 5-7 Clean, Dry and Small waste Wooden Slats or Twigs (with no sharp edges)
- 2 Longer Scrap Wooden Pieces for the Sides
- Glue
- Scrap Sandpaper
- Ruler
- Pencil

Step-by-Step Instructions

Step 1: Collect the Wood

- Collect clean, dry pieces of scrap wood or reusable wooden sticks of suitable sizes.

Step 2: Smooth the Pieces

- Use sandpaper to smooth rough or sharp edges under adult supervision.

Step 3: Arrange the Base

- Place 5-7 shorter wooden pieces parallel to each other, leaving small gaps between them for water to drain.

Step 4: Add the Side Supports

- Place two longer wooden pieces across the ends of the smaller pieces to form the frame of the soap tray.

Step 5: Glue the Tray Together

- Apply glue to the ends of the wooden sticks and carefully join them together. Press firmly and allow the glue to dry completely before using the tray.

Step 6: Add a Raised Base

- Attach small wooden pieces underneath the tray to raise it slightly and allow water to drain.

Step 7: Place and Use

- Once the tray is secure and completely dry, place it in the designated school washroom and use it to keep the soap clean and dry.

Evidence: Upload a clear picture of yourself with the wooden soap tray on the platform using the GoSharpener Calculator.

EVIDENCE REPORTING

STEPS TO FOLLOW

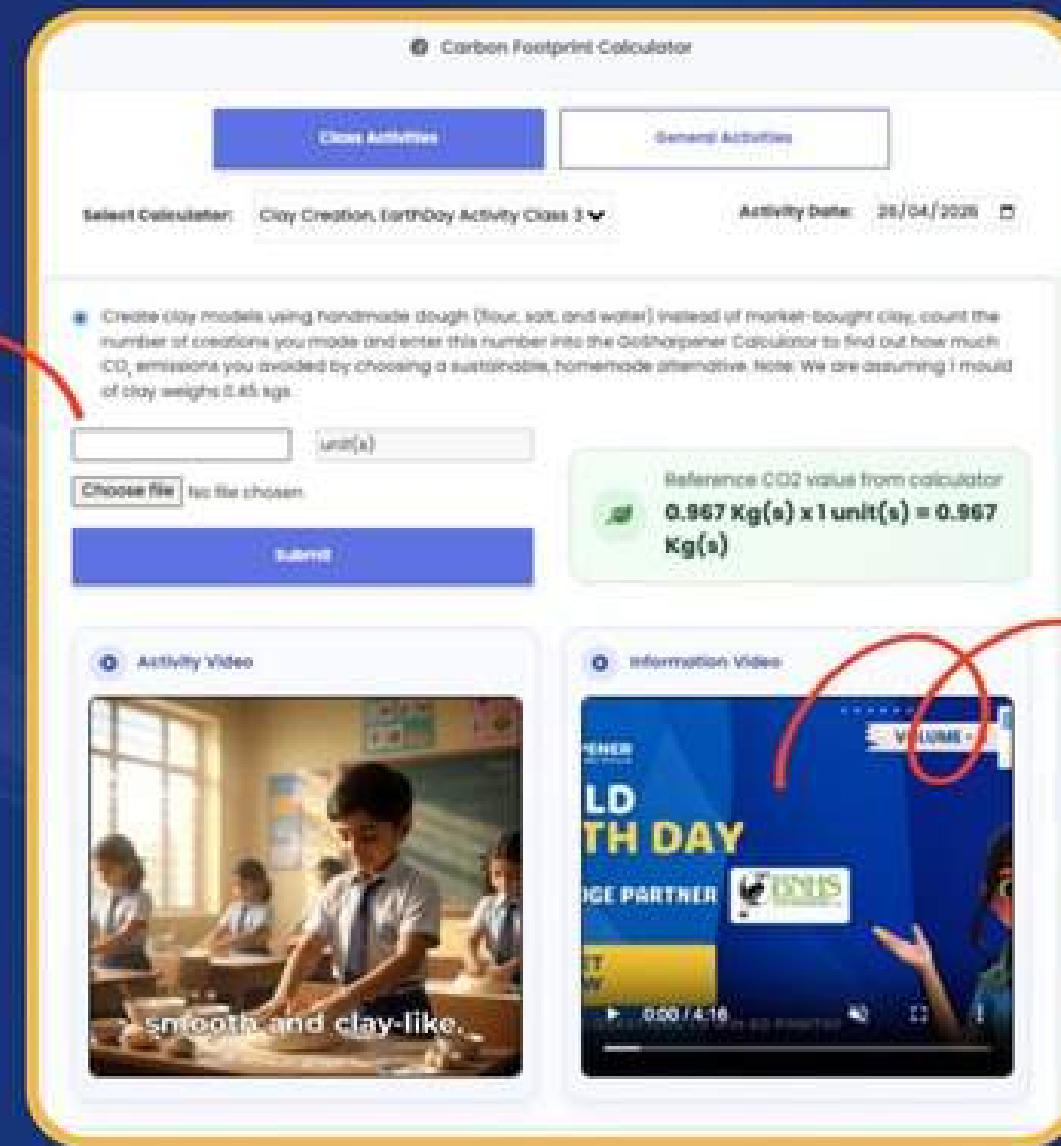
- 1 Download the App
- 2 Login
- 3 Select, "GoPoints Activity"
- 4 Upload Photo
- 5 Tag Class
- 6 Get Certificate

KNOWLEDGE PARTNER-



How to Upload Your Activity on GoSharpener

Enter the required Quantity/Unit, then upload the relevant file



Click on "Activity Video"/"Information video" to learn how to perform the activity.

Month	Day	Grade	SDG
October	Global Handwashing Day	3rd to 12th	3 GOOD HEALTH AND WELL-BEING 

INSTRUCTIONS FOR CONDUCTING SPOTLIGHT ACTIVITY
GLOBAL HANDWASHING DAY



Name of Activity: DIY Natural Cleansing Wash

Students explore how naturally fallen, discarded, or common household plant materials can be repurposed into a natural cleansing solution, encouraging the reuse of organic waste and responsible consumption.

- Materials Required**
- Saponin Source: Clean, correctly identified horse chestnuts (conkers) or dried soapnuts (reetha) or common rolled oats
 - Soothing Ingredient: Fresh aloe vera leaves or aloe vera gel or flaxseeds (linseeds)
 - Water: Warm water
 - Mixing Container: Clean glass bowl from the kitchen or a clean old reusable plastic bowl/container (such as a washed yoghurt tub)
 - Storage Container: Clean reused glass jar/bottle or a thoroughly washed old plastic juice bottle
 - Crushing Tool: Reused kitchen mortar and pestle or a rolling pin/smooth rock paired with a sturdy reusable zip-lock bag or clean old tea towel
 - Cutting Tool: Reused kitchen knife and chopping board
 - Straining Tool: Fine sieve from the kitchen or clean cotton cloth or clean old t-shirt/sock or reused coffee filter
 - Stirring Tool: Reused kitchen spoon/wooden spoon or whisk
 - Safety Gear: Reusable gloves
 - Apron

Step-by-Step Instructions

- Step 1: Collect and Gather the Materials**
- Collect clean, naturally fallen horse chestnuts or aloe vera leaves removed during garden maintenance. If using kitchen staples, gather your soapnuts, oats, store-bought gel, or flaxseeds. Do not collect natural materials from roadsides, drains, or polluted areas.
- Step 2: Clean the Materials**
- Wash the horse chestnuts or soapnuts thoroughly with clean water to remove soil and dirt. Pat them dry using a clean cloth. (Skip this step if using clean kitchen oats).
- Step 3: Cut or Prepare the Materials**
- With adult supervision, place your material on a chopping board. Carefully cut the conkers into small pieces, or crack open the soapnuts. Smaller pieces will help the useful soap-like compounds mix more easily with the water. (If using oats, simply measure them out raw).
- Step 4: Crush the Materials**
- Place the cut pieces in a mortar and crush them using a pestle until they become a coarse mash.
 - Alternative: If you do not have a mortar and pestle, place your cut materials inside a sturdy reusable plastic zip-lock bag or wrap them securely in a clean old tea towel. Crush them from the outside using a rolling pin or a smooth rock. Avoid touching the crushed material unnecessarily.

- Step 5: Soak the Mixture**
- Transfer the mash or oats into a clean reused glass bowl or old reusable plastic container. Add enough warm water to completely cover it and leave it to soak for approximately 2 hours. Stir the mixture gently every 30–40 minutes.
 - Alternative for Flaxseed users: If you are using flaxseeds as your soothing ingredient instead of aloe vera, boil 1 tablespoon of flaxseeds in a cup of water for 5 minutes right now so it can cool down and form a gel.
- Step 6: Strain the Cleansing Liquid**
- Place a fine sieve, clean cotton cloth, old t-shirt fabric, or coffee filter over another clean reused bowl or container. Pour the soaked mixture through it and press the mash gently to collect the liquid. Discard the remaining solid material in the appropriate organic-waste bin.
- Step 7: Prepare the Soothing Gel**
- Prepare your gel component depending on what you have available:
 - If using fresh aloe vera: Wash the leaf thoroughly. Carefully cut away the outer green skin and remove only the clear inner gel. Rinse the gel once with clean water.
 - If using store-bought aloe vera gel: Measure out 1–2 teaspoons of the gel.
 - If using flaxseeds: Strain the cooled, boiled flaxseed liquid through a cloth to separate the thick, clear gel from the seeds.
- Step 8: Combine the Ingredients**
- Add a small amount of your prepared aloe vera gel or flaxseed gel to the strained cleansing liquid. Mix the two ingredients slowly with a clean reused spoon or whisk until the gel is evenly distributed throughout the liquid.
- Step 9: Check the Mixture**
- Observe the colour, texture, and consistency of your mixture. Gently shake or whisk a small amount and observe whether it produces a light, soap-like lather due to the naturally occurring saponins in your plant material.
- Step 10: Transfer and Label**
- Pour the prepared mixture into a clean reused, labelled glass jar or old plastic bottle. Write “Natural Cleansing Wash – Demonstration Sample” on the label and note the date it was prepared.
- Step 11: Dispose of the Materials Safely**
- Do not keep the mixture for long periods because it contains fresh plant material and has no chemical preservatives. Dispose of the remaining mixture and plant waste appropriately after your demonstration.
 - **Safety:** Horse chestnuts (conkers) are not edible and must never be consumed. Do not confuse conkers with edible chestnuts.
 - Do not apply the prepared mixture to the eyes, face, or broken skin.
 - This activity is strictly for demonstrating plant-based cleansing properties and does not replace regular hand soap.
- Evidence:** Upload a picture of yourself with the natural cleansing wash on the platform using the GoSharpener Calculator.



SHARPENER
The School Student Network

SPOTLIGHT VIDEO

October
15

3 GOOD HEALTH AND WELL-BEING


GLOBAL
HANDWASHING DAY

KNOWLEDGE PARTNER 

SPOTLIGHT
DIY NATURAL
CLEANSING WASH

WIN REWARDS
WATCH NOW 



Month	Day	Grade	SDG
October	World Food Day	3rd to 12th	2 ZERO HUNGER 

INSTRUCTIONS FOR CONDUCTING SPOTLIGHT ACTIVITY
WORLD FOOD DAY



Name of Activity: Cucumber Strawberry Yogurt Crunch

Materials Required

- Cucumber – 1 medium, finely chopped
- Thick plain curd/yogurt – ½ cup
- Strawberry – 3–4, finely chopped
- Roasted makhana – ½ cup, lightly crushed
- Mint leaves – 4–5, finely chopped
- Lemon juice – ½ teaspoon
- Roasted cumin powder – ¼ teaspoon
- A small pinch of black salt

Steps

1. Wash the cucumber, strawberries and mint thoroughly.
2. Chop the cucumber and strawberries into small bite-sized pieces.
3. Whisk the curd until smooth and creamy.
4. Add cucumber, strawberries and mint.
5. Add lemon juice, cumin powder and a tiny pinch of black salt.
6. Mix gently.
7. Add crushed roasted makhana right before serving for the crunch.

The result: creamy yogurt + juicy cucumber + sweet strawberry + crunchy makhana, with just a tiny tangy twist.

Evidence: Upload a picture of yourself with the Cucumber Strawberry Yogurt Crunch on the platform using the GoSharpener Calculator.



SHARPENER
The School Student Network

SPOTLIGHT VIDEO

October

16

2 ZERO HUNGER


WORLD
FOOD DAY

KNOWLEDGE PARTNER epigamia

SPOTLIGHT

CUCUMBER
STRAWBERRY YOGURT
CRUNCH

WIN REWARDS

WATCH NOW 



INFOGRAPHICS



Around **1 in 8** people globally live with a mental health condition.
Prioritising mental well-being, seeking support, and creating inclusive communities helps everyone thrive.

Here's How You Can Help: [Log in to the platform and report your sustainable action today](#)



The world generates over **62 million tonnes** of **e-waste** every year, but only about **22%** is formally collected and recycled.
Responsible e-waste disposal helps recover valuable materials and protects the environment.

Here's How You Can Help: [Log in to the platform and report your sustainable action today](#)

PLEASE PLACE THESE INFOGRAPHICS IN STRATEGIC LOCATIONS TO SPREAD AWARENESS

INFOGRAPHICS



Sustainable living means meeting today's needs without compromising future generations.

Small actions like **conserving energy**, **reducing waste**, and **choosing sustainable products** create lasting positive impact.

Here's How You Can Help: Log in to the platform and report your sustainable action today



Reusing everyday items reduces waste, conserves **natural resources**, and lowers carbon emissions.

Extending **the life of products** is one of the **simplest ways to support a circular economy**.

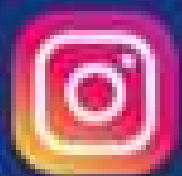
Here's How You Can Help: Log in to the platform and report your sustainable action today

PLEASE PLACE THESE INFOGRAPHICS IN STRATEGIC LOCATIONS TO SPREAD AWARENESS

STAY CONNECTED. STAY INSPIRED.

FOLLOW GOSHARPENER TO EXPLORE HOW SCHOOLS ACROSS THE COUNTRY ARE TURNING LEARNING INTO MEANINGFUL ACTION. DISCOVER STUDENT-LED INITIATIVES, INSPIRING SCHOOL STORIES, EXPERT INSIGHTS, SUSTAINABILITY ACTIVITIES!

SCAN. FOLLOW. BE PART OF THE **CHANGE**.



Monthly Toolkit training will be held as per the given details on Google Meet for Educators

Day	Timings	Classes
Mondays	5pm to 5.30pm	3-5
Tuesdays	5pm to 5.30pm	6-8
Wednesdays	5pm to 5.30pm	9-10
Thursdays	5pm to 5.30pm	11-12

Kindly contact the Account Manager to block your seat in advance!



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Aligned With

